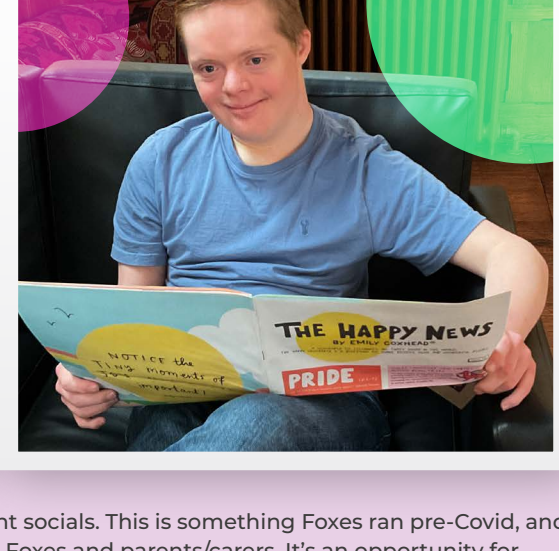
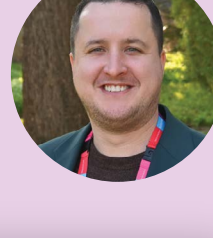


**MESSAGE FROM THE PRINCIPAL**

Dear parents and carers

I hope you are all well. With the TV and papers filled with bad news we have signed up this week to receive copies of 'the happy news' which is a newspaper to celebrate all that's good in the world. We have put copies out in the student break room. They have loved reading it!



We are pleased to announce in this newsletter the return of our parent socials. This is something Foxes ran pre-Covid, and we are looking to reintroduce to further enhance the bonds between Foxes and parents/carers. It's an opportunity for parents to meet and network, for us to showcase what we do at Foxes Hotel and to give our students lots of hands-on experience. Please read on for dates and prices. We will of course look to introduce more of them if they prove popular.

We have had an overwhelming response to our parent survey, so a huge thank you for this. We will be keeping the survey open until Monday 16th October at which point we will begin to review your feedback in more detail. Have a wonderful weekend.

*Mark Costello*  
PRINCIPAL, AURORA FOXES

**GOLDEN MOMENT OF THE WEEK**

While on holiday at Foxes Hotel, 2023 Foxes graduate Emily mentioned that she knew one of the first year students as their mums were good friends. Monique from Foxes Earth popped down to meet with Emily and it was a lovely reunion. It transpired that Monique and Emily haven't seen each other for 7 years since Monique moved to Cornwall with her family, but they remembered each other and they spent an hour chatting away reminiscing.

**HEALTH & WELLBEING**

In Health and wellbeing this week the student's have been learning about the different food groups and how important it is to use each group to ensure they are having a healthy balanced meal. They are also using the 'eat well' plate to help support their understanding when planning their meal and for portion control.

Skye and Abby have used different eat well plates to plan their chosen meal - Hunter's chicken with mashed potatoes and lots of vegetables.

The students have also discussed ways in which they could improve their lifestyle to make them healthier and support their mental health and wellbeing. Some of these were; going to the gym, doing a workout in the house, gardening, playing football with friends, swimming, running, telling jokes, going to the cinema and seeing friends at the discos.

**A TOUR AROUND THE HOUSES****FOXES TRADING POST**

At the end of last week Foxes Trading Post students were writing poems about their time at Foxes so far. Here are some examples of the poems they created along with a picture of them supporting each other and talking about their favourite parts of Foxes so far:

I am Christopher

I am Christopher  
I wonder if I get a job  
I want to pass my exams  
I worry about animals  
I am a Foxes Student  
I understand I have work to do  
I say I can do this  
I dream to work in a restaurant  
I am Christopher

I am Tristan

I am Tristan  
I wonder if I get a job  
I want to work  
I worry about my friends  
I am a Foxes Student  
I understand I have work to do  
I say I can do this  
I dream to work in a restaurant  
I am Tristan

I am Adam

I am Adam  
I wonder if I get a job  
I want to pass my exams  
I worry about animals  
I am a Foxes Student  
I understand I have work to do  
I say I can do this  
I dream to work in a restaurant  
I am Adam

Acoustic Poem

Now it's your turn  
Fabulous Foxes.  
Obstacles.  
Exciting.  
Sports club.  
Healthy.  
Hospitality.  
English is amazing.  
Learning to focus.

**FOXES LODGE**

This week Foxes Lodge and Burrow enjoyed researching Mexico followed by a Mexican themed evening. Students prepared a Mexican meal and thoroughly enjoyed it.

**FOXES LOFT**

Foxes Loft visited Tropiquaria Zoo over this past weekend, all the students loved seeing the variety of different animals, and Freya and Charley especially loved posing with the crocodile!

**FOXES HOTEL INCLUSIVE HOSPITALITY****Parent Socials**

Join us at Foxes Hotel for one of our fantastic Parent Social events! Get a glimpse of what our talented students get up to whilst working and mingle with other parents. Enjoy a delightful buffet evening on the Friday, a luxurious 3-course dinner on Saturday and a lovely two-course roast dinner on Sunday\*. Don't miss out and book now!

\*students and parents

**Dates**

1st year parents: Friday 10th - Sunday 12th November

2nd year parents: Friday 9th - Sunday 11th February

3rd year parents: Friday 31st May - Sunday 2nd June

**ROOMS & PRICES\***

Family Rooms: Foreland & Watchet - £359.99

Double Rooms: Quaytown, Clovelly & Blue Anchor - £319.99

Twin Room: Brendon - £299.99

\*all food is included in the price of the rooms

To book:

01643 704450

reception@foxeshotel.co.uk

www.foxeshotel.co.uk