

WEEK 1 MENU

Week Commencing: 30th Oct, 20th Nov, 11th Dec, 8th Jan, 29th Jan, 26th Feb, 18th March

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



Mild Chicken Fajita Wrap served with Wholegrain Rice, Peas & Sweetcorn

(G) (W) (MK)

Vegetable Fajita Wrap served with Wholegrain Rice, Peas & Sweetcorn

(G) (W) (MK)



Choose your Favourite Pizza with Salad Bar Selection

(G) (W) (SO) (MK) (E)

Selection of Delicious Filled Breads and Artisan Rolls followed by Fresh Fruit or Dessert

(G) (W) (MK) (E) (SE) (F)

Choose One of Our Fabulous Desserts
Chocolate Crunch
Fruit Yogurt & Coulis
Fresh Fruit or Jelly
(G) (W) (E) (MK)

Sausage Baguette served with Potato Wedges & Seasonal Vegetables

(G) (W) (SO) (SU) (SE)

Vegan Quorn Sausage Baguette served with Potato Wedges & Seasonal Vegetables

(G) (W) (SE)



with Choice of Toppings Sprinkled with Grated Cheddar

(G) (W) (MK) (MU) (SO)

Selection of Delicious Filled Breads and Artisan Rolls followed by Fresh Fruit or Dessert

(G) (W) (MK) (E) (SE) (F)

Choose One of Our Fabulous Desserts
Vanilla Sponge & Peaches
Fruit Yogurt & Coulis
Fresh Fruit or Jelly
(G) (W) (E) (MK)

Beef Pasta Bolognese served with Garlic and Herb Bread, Peas and Sweetcorn

(G) (W) (MK) (SO) (MU)

Vegetable Pasta Bolognese served with Garlic and Herb Bread, Peas and Sweetcorn

(G) (W) (MK) (SO) (MU)



Marinated Glazed Chicken served with a Choice of Sides + Slaw

(G) (W) (B) (C) (E) (SO) (MK)

Selection of Delicious Filled Breads and Artisan Rolls followed by Fresh Fruit or Dessert

(G) (W) (MK) (E) (SE) (F)

Choose One of Our Fabulous Desserts
Toffee Apple Crumble
Fruit Yogurt & Coulis
Fresh Fruit or Jelly
(G) (W) (MK)

Roast Chicken served with Roast Potatoes, Carrots, Cabbage, Stuffing Ball and Gravy

(G) (W)

Quorn Fillet served with Roast Potatoes, Carrots, Cabbage, Stuffing Ball and Gravy

(G) (W) (E)



Jacket Potato with Choice of Fillings served with Fresh Salad

(MK) (F) (E)

Selection of Delicious Filled Breads and Artisan Rolls followed by Fresh Fruit or Dessert

(G) (W) (MK) (E) (SE) (F)

Choose One of Our Fabulous Desserts
Ice Cream & Fruit Sauce
Fruit Yogurt & Coulis
Fresh Fruit or Jelly
(MK)

Fish Fingers served with Chips, Garden Peas and Baked Beans and Tomato Ketchup

(G) (W) (F)

Vegetable Nuggets served with Chips, Garden Peas and Baked Beans and Tomato Ketchup

(G) (W)



Loaded Bucket of Skin on Fries with Delicious Homemade Toppings of Choice

(G) (W) (MK) (SE) (SO) (E)

Selection of Delicious Filled Breads and Artisan Rolls followed by Fresh Fruit or Dessert

(G) (W) (MK) (E) (SE) (F)

Choose One of Our Fabulous Desserts
Dessert of the Day
Fruit Yogurt & Coulis
Fresh Fruit or Jelly
(G) (W) (E) (MK)

92% of our food is made from fresh ingredients every day • The meat we serve is Red Tractor, Farm Assured British accredited

All our fish is from sustainable sources • All of our eggs are free range laid by happy chickens • We bake our bread daily in your kitchen

Allergen Key: Barley (B), Celery (C), Egg (E), Fish (F), Gluten (G), Lupin (L), Milk (MK), Mustard (MU), Sesame Seeds (SE), Soya (SO), Sulphites (SU), Wheat (W)



WEEK 2 MENU

Week Commencing: 6th Nov, 27th Nov, 18th Dec, 15th Jan, 5th Feb, 4th March, 25th March

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



Beef Lasagne served with
Garlic & Herb Bread and
Rainbow Roasted
Vegetables

(G)(W)(E)(MK)(SO)(MU)

Creamy Chicken Pie
Served with Mashed
Potato & Seasonal
Vegetables

(G) (W) (MK) (E)

Grilled Chicken Fillet
in a Bun served with
Jacket Wedges, Seasonal
Vegetables & Choice of
Sauces

(G)(W)(B)(C)(E)(SO)(SE)

Pork Sausage served with
Potatoes, Yorkshire
Pudding, Carrots, Broccoli
& Gravy

(G)(W)(E)(MK)(SO)(SU)

Crispy Fish Fillet served
with Chips, Garden Peas
and Baked Beans and
Tomato Ketchup

(G) (W) (F)

Traditional Macaroni
Cheese served with Garlic
& Herb Bread and
Rainbow Roasted
Vegetables

(G) (W) (MK) (SO) (MU)

Roasted Vegetable Pie
Served with Mashed
Potato & Seasonal
Vegetables

(G) (W) (MK) (E)

Quorn Burger in a Bun
served with Jacket
Wedges, Seasonal
Vegetables & Choice of
Sauces

(MK)(G)(W)(B)(C)(E)(SO)(SE)

Quorn Sausage served
with Potatoes, Yorkshire
Pudding, Carrots &
Broccoli

(G) (W) (E) (MK)

Vegan Sausage Roll
served with Chips, Garden
Peas or Baked Beans

(G) (W)



Choose your Favourite
Pizza with
Salad Bar Selection

(G) (W) (SO) (MK) (E)



with Choice of Toppings
Sprinkled with
Grated Cheddar

(G) (W) (MK) (MU) (SO)



Homemade Chicken Select
served with a
Choice of Sides + Slaw

(G)(W)(B)(C)(E)(SO)(MK)



Jacket Potato with Choice
of Fillings served
with Fresh Salad

(G) (W) (B) (SO) (C)

Loaded Bucket of Skin on
Fries with Delicious
Homemade Toppings
of Choice

(G)(W)(MK)(SE)(SO)(E)



Selection of Delicious
Filled Breads and
Artisan Rolls followed by
Fresh Fruit or Dessert

(G) (W) (MK) (E) (SE) (F)

Selection of Delicious
Filled Breads and
Artisan Rolls followed by
Fresh Fruit or Dessert

(G) (W) (MK) (E) (SE) (F)

Selection of Delicious
Filled Breads and
Artisan Rolls followed by
Fresh Fruit or Dessert

(G) (W) (MK) (E) (SE) (F)

Selection of Delicious
Filled Breads and
Artisan Rolls followed by
Fresh Fruit or Dessert

(G) (W) (MK) (E) (SE) (F)

Selection of Delicious
Filled Breads and
Artisan Rolls followed by
Fresh Fruit or Dessert

(G) (W) (MK) (E) (SE) (F)



Choose One of Our
Fabulous Desserts
Shortbread
Fruit Yogurt & Coulis
Fresh Fruit or Jelly
(G) (W) (MK)

Choose One of Our
Fabulous Desserts
Oaty Flapjack
Fruit Yogurt & Coulis
Fresh Fruit or Jelly
(G) (W) (B) (MK)

Choose One of Our
Fabulous Desserts
Lemon Drizzle
Fruit Yogurt & Coulis
Fresh Fruit or Jelly
(G) (W) (E) (MK)

Choose One of Our
Fabulous Desserts
Chocolate Cookie & Apple
Fruit Yogurt & Coulis
Fresh Fruit or Jelly
(G) (W) (E) (MK) (SO)

Choose One of Our
Fabulous Desserts
Dessert of the Day
Fruit Yogurt & Coulis
Fresh Fruit or Jelly
(G) (W) (E) (MK)

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WEEK 3 MENU

Week Commencing: 13th Nov, 4th Dec, 1st Jan, 22nd Jan, 12th Feb, 11th March

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



Sausage Pasta Bake served with Garlic & Herb Bread and Seasonal Vegetables

(G)(W)(MK)(SO)(MU)(SU)

Vegan Meatballs in a Rich Tomato Sauce served with Garlic & Herb Bread and Seasonal Vegetables

(G) (W) (MK) (SO) (MU)



Choose your Favourite Pizza with Salad Bar Selection

(G) (W) (SO) (MK) (E)

Selection of Delicious Filled Breads and Artisan Rolls followed by Fresh Fruit or Dessert

(G) (W) (MK) (E) (SE) (F)

Choose One of Our Fabulous Desserts
Chocolate Brownie
Fruit Yogurt & Coulis
Fresh Fruit or Jelly
(G) (W) (E) (MK)

Chicken Tikka Masala Served with Fluffy Rice, Naan Bread & Seasonal Vegetables

(G) (W) (MK) (MU)

Vegetable Tikka Masala Served with Fluffy Rice, Naan Bread & Seasonal Vegetables

(G) (W) (MK) (MU)



with Choice of Toppings Sprinkled with Grated Cheddar

(G) (W) (MK) (MU) (SO)

Selection of Delicious Filled Breads and Artisan Rolls followed by Fresh Fruit or Dessert

(G) (W) (MK) (E) (SE) (F)

Choose One of Our Fabulous Desserts
Strawberry Muffin
Fruit Yogurt & Coulis
Fresh Fruit or Jelly
(G) (W) (E) (MK)

Tasty Beef & Cheese Burrito served with Jacket Wedges, Tomato & Cucumber Salsa

(G) (W) (MK)

Tasty Quorn Mince & Cheese Burrito served with Jacket Wedges, Tomato & Cucumber Salsa

(G) (W) (B) (E) (MK)



Marinated Glazed Chicken served with a Choice of Sides + Slaw

(G)(W)(B)(C)(E)(SO)(MK)

Selection of Delicious Filled Breads and Artisan Rolls followed by Fresh Fruit or Dessert

(G) (W) (MK) (E) (SE) (F)

Choose One of Our Fabulous Desserts
Apple & Berry Crumble
Fruit Yogurt & Coulis
Fresh Fruit or Jelly
(G) (W) (MK)

Roast Chicken served with Roast Potatoes, Carrots, Cabbage, Stuffing Ball and Gravy

(G) (W)

Roast Broccoli, Cauliflower & Lentil Bake served with Crusty Bread

(G) (W) (MK)



Jacket Potato with Choice of Fillings served with Fresh Salad

(MK) (F) (E)

Selection of Delicious Filled Breads and Artisan Rolls followed by Fresh Fruit or Dessert

(G) (W) (MK) (E) (SE) (F)

Choose One of Our Fabulous Desserts
Vanilla Crunch
Fruit Yogurt & Coulis
Fresh Fruit or Jelly
(G) (W) (E) (MK)

Fish Fingers served with Chips, Garden Peas and Baked Beans and Tomato Ketchup

(G) (W) (F)

Vegetable Nuggets served with Chips, Garden Peas and Baked Beans and Tomato Ketchup

(G) (W)



Loaded Bucket of Skin on Fries with Delicious Homemade Toppings of Choice

(G)(W)(MK)(SE)(SO)(E)

Selection of Delicious Filled Breads and Artisan Rolls followed by Fresh Fruit or Dessert

(G) (W) (MK) (E) (SE) (F)

Choose One of Our Fabulous Desserts
Dessert of the Day
Fruit Yogurt & Coulis
Fresh Fruit or Jelly
(G) (W) (E) (MK)

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