

## Relationships and Sex Education Policy Fairway school

<b>Policy Reference:</b>	A133-FWS
<b>Version Number:</b>	7
<b>Applies to:</b>	Schools
<b>Associated documents:</b>	Curriculum policy PSHE policy Child protection policy
<b>Approved by:</b>	Quality Team & Head Teacher
<b>Implementation date:</b>	May 2026
<b>Next review due by:</b>	May 2027
<i>This policy has been reviewed to ensure it promotes safeguarding and does not present barriers to participation or disadvantage any protected groups</i>	

## 0. Changes Since Last Version

- Full review and in line with previous version

## 1. Aims

This policy aims to:

Provide a framework in which sensitive discussions can take place. Through the curriculum we will help prepare children and young people for puberty, and to understand the importance of health and hygiene and sexual development. We will teach the correct vocabulary to describe themselves and their bodies. At Aurora we help our children and young people to develop feelings of self-respect, confidence and empathy and create a positive culture around issues of sexuality and relationships.

The aims of relationships and sex education (RSE) at our school are to:

- Provide a framework in which sensitive discussions can take place
- Prepare pupils for puberty, and give them an understanding of sexual development and the importance of health and hygiene
- Help pupils develop feelings of self-respect, confidence and empathy
- Create a positive culture around issues of sexuality and relationships
- Teach pupils the correct vocabulary to describe themselves and their bodies
- Give pupils the tools to be able differentiate between healthy and unhealthy relationships.
- Teach pupils the appropriate way to interact and communicate online

## 2. Legislation and statutory requirements

This Policy fulfils the requirements of:

- > **The Department for Education's** Statutory guidance on relationships education, relationships and sex education (RSE) and health education. [\(RSE\) 2021](#)
- > Section 34 of the [Children and Social work act 2017](#).

## 3. Scope

This policy applies to all staff, children and young people at Aurora Fairway School

## 4. Roles and responsibilities

### 4.1 The Head Teacher will:

- Ensure that RSE is delivered consistently across the school.
- Manage and approve requests to withdraw pupils from the non-statutory elements of RSE

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## 4.2 Staff will:

- Deliver RSE in a sensitive way and inclusive manner
- Model positive attitudes to RSE
- Monitor pupil progress
- Respond to the individual needs of pupils
- Respond appropriately where parents/carers request withdrawal from non-statutory elements of RSE

Staff do not have the right to opt out of teaching RSE. Any concerns should be discussed with the Head Teacher.

Include the names/roles of those responsible for teaching RSE in your setting.

Name:	Role:	Responsible for:
Alex Albutt	PSHE lead	Delivering all RSE content via the PSHE curriculum.

## 4.3 The Governing Board will:

Hold the headteacher to account for the implementation of this policy.

## 4.3 Children/young people will:

- Engage fully in RSE lessons
- Treat others with respect and sensitivity when discussing related issues

## 5. Definitions

RSE is about the emotional, social and cultural development of pupils, and involves learning about relationships, sexual health, sexuality, healthy lifestyles, diversity and personal identity.

RSE involves a combination of sharing information and exploring issues and values.

RSE is not about the promotion of sexual activity.

## 6. Policy development

This policy has been developed in consultation with staff, pupils, and parents. The consultation and policy development process involved the following steps:

- Review
- Staff consultation
- Parent consultation
- Pupil consultation
- Ratification

## 7. Curriculum

PSHE education is designed to complement and enhance learning across the wider curriculum, particularly through cross-curricular links with science. While science lessons focus on the biological aspects of anatomy and physical development, PSHE provides

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learners with the knowledge, understanding and skills related to relationships, responsibilities, personal safety, emotional wellbeing and consent.

In Key Stage 3, students learn key topics such as puberty, emotional changes and the development of positive friendships, supporting learners as they transition into adolescence. As learners move through the school, the curriculum is delivered in a progressive and age appropriate manner, building on prior learning to explore areas such as healthy relationships, communication, consent and personal boundaries in greater depth.

In Key Stage 4, students learn statutory Relationships and Sex Education (RSE), enabling pupils to develop a clear understanding of respectful relationships, informed decision-making, and how to maintain their physical and emotional health and safety. The PSHE curriculum is delivered in a sensitive, inclusive and supportive way, ensuring that all learners feel safe and are equipped with the knowledge, skills and confidence to manage real-life situations responsibly.

## 8. Delivery of RSE

All lessons are taught by the PSHE lead teacher and are supported by the Wellbeing HLTA in PSHE lessons. The PSHE lead also offers guidance and advice for form tutors and support staff throughout the school to facilitate relaxed conversations about some of the traditionally less sensitive content such as hygiene and low-level conflict resolution. Aurora Fairway works closely with “life lessons” an organization designed to help schools create safe spaces for learners to talk about sensitive, personal matters.

Life Lessons need capitalising and organisation has auto corrected to organisation.

RSE focuses on giving young people the information they need to help them develop healthy, nurturing relationships of all kinds including:

- o Families
- o Respectful relationships, including friendships
- o Online and media
- o Being safe
- o Intimate and sexual relationships, including sexual health

For more information about our RSE curriculum, see Appendices 1 and 2.

These areas of learning are taught within the context of family life taking care to ensure that there is no stigmatisation of children based on their home circumstances (families can include single parent families, LGBT parents, families headed by grandparents, adoptive parents, foster parents/carers amongst other structures) along with reflecting sensitively that some children may have a different structure of support around them (for example: looked after children or young carers).

Learning is adapted to meet the needs of all pupils, including those with SEND. RSE is adapted to meet the needs of all learners.

## 9. Safeguarding and child protection

At Aurora Fairway School, we recognise that discussions during RSE lessons may lead to learners sharing personal information or making disclosures. All staff are trained to respond appropriately in line with the school's safeguarding procedures. The welfare of the learner is paramount, and any concerns or disclosures will be recorded and reported promptly in accordance with the school's Child Protection and Safeguarding Policy.

## 10. Parents right to withdraw

Parents of secondary age pupils do have the right to withdraw their children from the non-statutory components of sex education within RSE up to and until 3 terms before the child turns 16. After this point, if the child wishes to receive sex education rather than being withdrawn, the school will arrange this.

To opt a child/young person out of RSE lessons, complete Appendix 2 and return it to the Head Teacher who will then arrange a meeting to discuss your request with you

## 11. Training

Staff are trained on the delivery of RSE as part of their induction and it is included in our continuing professional development calendar.

The headteacher may also invite visitors from outside the school, such as school nurses or sexual health professionals, to provide support and training to staff teaching RSE.

## 12. Monitoring arrangements

The PSHE Lead is responsible for the day-to-day monitoring of RSE provision.

This includes:

- Reviewing planning and curriculum content to ensure coverage and progression
- Gathering pupil voice to assess understanding, engagement and confidence in key topics
- Identifying areas for development and implementing improvements where necessary

The PSHE Lead works with the Head teacher and Deputy Headteacher to ensure the quality of teaching and learning through lesson visits, work scrutiny and discussions. Feedback from staff, learners and parents is used to inform curriculum development and ensure that provision remains relevant, inclusive and responsive to emerging needs.

This policy will be reviewed annually by the PSHE Lead and approved by the Headteacher, ensuring it remains up to date with statutory guidance and best practice.

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## Appendix 1:

## Relationships and sex education curriculum map

### AURORA FAIRWAYS SUBJECT Long-term Progression



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## Appendix 2: Parent form: withdrawal from sex education within RSE

TO BE COMPLETED BY PARENTS			
Name of child		Class	
Name of parent		Date	
Reason for withdrawing from sex education within relationships and sex education			
Any other information you would like the school to consider			
Parent signature			